



Partnered with  
New England  
College

# MY TEACHING SUCCESS

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*Providing educators with the tools  
to empower students to succeed.*

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## NEW YORK STATE APPROVED CTLE SPONSOR

**Member of:**

- *National Staff Development Council – Learning Forward*
- *New York State United Federation of Teachers*
- *American Federation of Teachers*
- *Association for Supervision and Curriculum Development*

**Fall 2017 - SPRING 2018**

# Mission Statement

My Teaching Success is a New York State  
**Approved CTLE Sponsor.**

We are a virtual learning community that facilitates meaningful, cooperative learning among teaching professionals.

Educators can build on their foundation of strategies and skills for better student outcomes.



***Providing educators with the tools  
to empower students to succeed.***

# General Information

1. A course syllabus may be obtained via mail or e-mail. Email your request to: **syllabus@myteachingsuccess.org**
2. **In-Service courses are \$90 per credit or \$270 per course.** All courses must be paid in full at the time of registration.
3. **Graduate courses are \$610.00** per 3 credit course.
4. **Discounts** of \$25 are given to **current** students when ***a friend or colleague they referred, registers for*** their first course.
5. Discounts are non-transferable and can only be used towards in-service courses **Discounts cannot be combined with other discounts.** Only one Discount may be applied to a course.
6. **Refunds** will be issued in full when MTS cancels a course. Refunds will also be issued if a student drops a course before the start date. If a course has already started, students might be able to transfer payments to another course, depending on the circumstances. Please call or email our office for more information.
7. **On-line Registration** is available on our secure website at [www.myteachingsuccess.org](http://www.myteachingsuccess.org). Registrants can pay using their PayPal account, credit card, check or Money Order. Your place in a course will be held when full payment is received.
8. When satisfactory and full completion of all course requirements are met, a **Certificate of Completion** will be issued to students in duplicate; one copy for the school district office; the second for their personal records.
9. Duplicate copies of certificates can be obtained. Email our office with the course title and completion date to: **summary@myteachingsuccess.org**.
10. Your course and payment history is available by request. Email your name and address to: [summary@myteachingsuccess.org](mailto:summary@myteachingsuccess.org).
11. Registrants will be responsible for all bank charges and fees incurred by My Teaching Success.

## STAFF DEVELOPMENT ADVISORY BOARD

Debbie Abrams, Sayville UFSD

Deirdre Cerrito, North Babylon UFSD

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Deirdre Cerrito, North Babylon UFSD

Dr. Orly Cohen, Metro Children, Early Intervention Evaluation

Dawn DeStefano, Longwood CSD

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Mary Kate Snak, Smithtown CSD

Danielle Waitz, Smithtown CSD

Jully Williams, North Babylon UFSD

# NEW ENGLAND COLLEGE

My Teaching Success has partnered with New England College located in New Hampshire. We offer Graduate level courses for CTLE hours starting in April 2017. The courses listed below may be taken for Graduate or In-Service credit. The course descriptions are enclosed but also available in our online and e-catalogs.

New England College is accredited by the New England Association of Schools and Colleges, Inc., (NEASC) through its Commission on Institutions of Higher Education (CIHE). All programs offered by New England College are included in this regional accreditation. (CIHE) is recognized by the U.S. Department of Education as a reliable authority on the quality of education for the institutions it accredits. Recognition by the Department of Education provides access to federal financial aid for U.S. students attending institutions accredited by the Commission.

## NEC Graduate Courses

- ED 5990 G28 Anxiety in the Classroom and What Can I Do About it?
- ED 5990 G25 Bringing Mindfulness into Your School and Classroom
- ED 5900 G905 Celebrating Differences: Character Education in our Schools
- ED 5990 G764 Drugs and the Developing Brain
- ED 5990 G706 Growth Mindset: Teaching Resiliency and Perseverance
- ED 5990 G66 Having Fun with the Common Core Protocols
- ED 5990 G707 Health Issues Affecting Students
- ED 5990 G858 Helping Children Cope with Trauma, Loss and Death
- ED 5990 G892 The HIV & AIDS of Today....
- ED 5990 G705 Stopping Chronic Disease BEFORE They Start
- ED 5990 G771 Teaching Math Problem Solving in Grades 3-8
- ED 5990 G870 Teaching Writing
- ED 5990 G762 The Power of Food
- ED 5990 G881 Working with Students Living in At-Risk Situations

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## **A Teacher's Roadmap to Differentiating Between Organic and Learned ADD/ADHD**

Instructor: Dr. Orly Cohen  
3 In-Service Credits (45 hrs)

November 1, 2017 - November 30, 2017

**Online**

Or

March 1, 2018 - March 31, 2018

**Online**

This is an innovative class on the topic of ADD/ADHD. This class focuses on understanding the differences between two types of ADD/ADHD, "organic" and "learned". Organic ADD/ADHD is innate, born with. Learned ADD/ADHD is in fact a behavior that is learned from our environment. This class offers behavior related outcomes examples to both organic and learned ADD/ADHD and allows teachers to challenge these diagnoses from a different perspective.

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## **ED 5990 G28 Anxiety in the Classroom & What Can I Do About it?**

Instructor: Nancy Nybergh  
**3 Graduate or In-Service Credits (45 hrs)**

November 1, 2017 - November 30, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

What can I do about students that experience anxiety and why is it important for me to know? This course will allow teachers to explore what the nature of anxiety is and take a closer look at Anxiety Disorders with school age children. Teachers will also look at what happens to us when we experience anxiety as well as what happens with the brain to explain some of the behaviors. They will look at the interrelationship of anxiety, stress and worry and the role of imagination. Lastly, we will look at interventions both outside and inside the classroom.

This course will be helpful for all educators K-12, ELA, Social Studies, Math, Science, ESL, Special Education, Art and Music, Physical Education, School Psychologists, Guidance Counselors, Social Workers Speech/Language teachers and therapists, OT & PT's. Common Core Learning Standards are addressed.

## The Art and Museums of New York City

Instructor: Linda Cassidy  
3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017  
Or

**Online**

April 1, 2018 - April 30, 2018

**Online**

Explore the cultural riches of one of the world's greatest cities. New York City is an inexhaustible source of artistic and cultural treasures. This class will offer local educators a chance to investigate the limitless resources of a rich and vibrant city. Teachers of all disciplines and grade levels will find museums and cultural experiences that will motivate their students and integrate perfectly into their Common Core lessons.

This class is appropriate for all educators: P-12, ELA, Social Studies, Math, Science, LOTE, ESL, Special Education, Visual Arts, Music, Theatre Arts, Physical Education, Technology, Guidance Counselors and Social Workers and Psychologists.

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## Best Practices for Teaching Multilanguage Students

Instructor: Deirdre Cerrito and Jully Williams  
3 In-Service Credits (45 hrs)

October 15, 2017 - November 15, 2017  
Or

**Online**

February 1, 2018 - February 28, 2018

**Online**

The new CTLE regulations require that classroom teachers apply 15% of their required hours toward enhancing language acquisition skills for ENL and ELL students. For ELL teachers, the percentage is 50%. This class provides instruction in the best practices as outlined by NYSED in this area. You will learn about the best practices in providing scaffolding, literacy development, aligning instructional resources and academic language. This class is an absolute must for all classroom teachers hoping to help their ENL, ELL, and MLL students learn English and succeed in their content area classes as well.

Targeted Grade Level - All Classroom Teachers

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## **ED 5990 G25 Bringing Mindfulness into Your School and Classroom**

Instructor: Nancy Nybergh

**3 Graduate or In-Service Credits (45 hrs)**

November 15, 2017 - December 15, 2017

**Online**

Or

May 15, 2018 - June 15, 2018

**Online**

Do you find yourself saying “please pay attention” to your students more than you would like? What does “pay attention” mean and how can we teach attention to our students. How will the practice mindfulness help a student (and yourself) . This course is focused on how to teach attention and bring mindfulness into the classroom.

This class will provide you with the benefits of implementing mindful awareness in the classroom based on research and specific ideas to apply this practice. You will experience the practice of mindfulness, learn about its benefits, understand the science and research and write a lesson plan/incorporate ideas and script to help you begin to implement the practice into your work. The ideas can be modified for the grade levels K-12 and is appropriate for ALL grade levels.

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## **Building Blocks to Creating a Writer's Workshop Program**

Instructor: Jodi Failla

**3 In-service Credits (45 hrs)**

December 1, 2017 - December 31, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

This course is a stepping stone. It will give you the tools to implement a Writer's Workshop Program in your classroom with some ease. Participants will be able to access a collection of mini-lessons, resources and great tools to apply to their curriculum. You can easily implement some of the concepts and skills taught through out this course into your classroom. The forums are a great way for all of us to have professional conversations about Writer's Workshop. Learn the essentials to inspire and motivate your students.



## **Bullying Part One: What We Need to Know**

Instructor: Dr. Orly Cohen  
3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017  
Or

**Online**

February 1, 2018 - February 28, 2018

**Online**

Bullying occurs everywhere: in homes, workplaces, schools. This course will create a greater awareness to the complexity of bullying. This class will focus on the New York State definitions of bullying; direct and indirect bullying; physical, verbal and emotional bullying. We will also discuss some of the characteristics of a bully, and of bully-victims, parental styles, domestic violence, sibling-violence as potential links to bully behavior. In addition, childhood bullying and potential future psychological maladjustment, and the impact of bullying on mental and physical health will be covered.

## **ED 5990 G905 Celebrating Differences: Character Education in our Schools**

Instructor: Michelle Rosenoff  
**3 Graduate or In-service Credits (45 hrs)**

October 7, 21  
Or

**Hybrid: Hauppauge / Online**

February 1, 2018 - February 28, 2018

**Online**

Due to electronic devices and media, the way we communicate today has drastically changed. This course will take a closer look at the dangers of electronic media and how it is creating a whole new set of concerns for our youth. In addition, laws, legislation and how schools can effectively address these growing concerns will be addressed.

*We recommend that you get prior approval for courses before you register.*

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## Creating a Successful Writer's Workshop

Instructor: Mary Kate Snak  
3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018  
Or  
June 1, 2018—June 24, 2018

**Online**

**Online**

Are you satisfied with your writing curriculum? Do you want to incorporate a successful Writer's Workshop in your classroom? Writer's Workshop can be very beneficial to students if it is presented and maintained in the correct manner. This course will teach you to introduce and successfully establish a workshop in the classroom. Writer's Workshop is an excellent way for students to improve many of their language arts skills while being creative at the same time. When implemented correctly, it can be a very successful experience.

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## ED 5990 G764 Drugs and the Developing Brain

Instructor: Michelle Rosenoff  
**3 NEC Graduate or In-service Credits (45 hrs)**

April 1, 2018 - April 30, 2018

**Online**

This course is designed to help educators identify those students who may be at risk for certain harmful behaviors. Topics discussed include warning signs of suicide and the effects of suicide on the family and friends that are left behind. Also included will be discussions on drugs – the blatant abuse of prescription drugs, OTC drugs and illegal drugs. The harmful effects on the body physically, socially and emotionally will be evaluated. The problems of using alcohol and the effects it has on the young persons body. Zero tolerance laws and DWI laws will also be addressed. Once warning signs are discussed several preventative and intervention strategies will be detailed as well.

Participants will: Evaluate poor lifestyle choices and their effects on a persons health; Identify warning signs of suicide, drug and alcohol abuse; Learn coping strategies for those left behind after a suicide; Develop a working knowledge of what is appropriate to say to a person struggling with suicide and/or drugs and alcohol; Demonstrate an understanding for those at risk for suicide, alcohol and drug abuse; Evaluate intervention methods for suicide, drug and alcohol use an abuse; Develop communication skills to be used during an intervention. The material covered is suitable for educators of all age levels

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## Enrich your Lessons with Free and Easy Internet Resources

Instructor: Julia Hannibal  
3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017

**Online**

Or

March 1, 2018 - March 31, 2018

**Online**

Online resources can be difficult to navigate let alone include in a lesson. Including online resources proves especially challenging to subject areas in which their curriculum is predetermined by New York State.

This course will introduce teachers to resources that are readily available from the Internet and their districts, without being filtered for content. Teachers will also acquire the skills necessary to include these online resources readily into their assignments. They will take each classroom lesson to the next level by increasing student interest and participation. Relevant and contemporary sites will be introduced and/or revisited to assure teachers understanding and use of the sites listed. This class is appropriate for all K-12 educators.

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## Essential Study Skills

Instructor: Deirdre Cerrito  
3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

We all know how important study skills are, but have you really made a concentrated effort to help those students who have unlimited potential but who can't seem to get themselves together? With our common goal to have everyone succeed, this class concentrates on the necessary keys for student and personal success. This class is an essential addition to every teacher's repertoire. Self-motivation, homework, reading and note-taking skills, among others, will be covered.

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## **Fun and Games: Motivational Learning in the Classroom**

Instructor: Deirdre Cerrito  
3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017  
Or

**Online**

March 15, 2018 - April 15, 2018

**Online**

Making learning fun is something that we, as teachers, should strive to do. Game theory shows that students absorb and retain knowledge more readily if learned in a fun manner. The objective of this class is to provide teachers with all sorts of creative activities to enhance student learning and support the New York State Standards – all while strengthening skills, knowledge and ability for the New York State Assessments.

Teachers will conduct internet research, read professional articles, create multiple lesson plans, collect useful materials and gain knowledge of many, many useful educational websites.

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## **ED 5990 G706 Growth Mindset: Teaching Resiliency and Perseverance**

Instructor: Michelle Rosenoff  
**3 NEC Graduate or In-service Credits (45 hrs)**

October 1, 2017 - October 31, 2017

**Online**

"While each person has a unique genetic endowment...today's research indicates that people have more capacity for lifelong learning and brain development than they ever thought possible. Educators across a myriad of levels and content areas are experiencing a major shift in their thinking about student learning and intelligence" (Dweck). Dr. Dweck has coined the term "growth mindset" which challenges the traditional concept that student academic achievement is primarily based on fixed prior abilities.

According to Dr. Dweck, "effort, perseverance, resiliency and purposeful engagement" is the hallmark of a growth mindset which can stretch a student's potential, shift motivation and ultimately affect academic performance. This course is designed to provide educators with information, strategies and resources on the important components of a "growth mindset learning environment" (Dweck, 2015) within their classrooms.

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## **ED 5990 G66 Having Fun With Common Core Protocols**

Instructor: Deirdre Cerrito

3 NEC Graduate or In-service Credits (45 hrs)

October 1, 2017 - October 31, 2017

**Online**

Or

February 1, 2018 - February 28, 2018

**Online**

Many experienced educators achieved great success with tried and true favorite units year after year but may feel that these units can't be taught anymore because they don't align with the Common Core. While many teachers have, of course, received training in the Common Core, many people are still unsure of how to implement the vast array of Common Core conventions and protocols in their classrooms.

This class will show you how to incorporate nine different essential aspects of the Common Core into your existing units. Your beloved units will shine even brighter than before!!

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## **ED 5990 G707 Health Issues Affecting Students**

Instructor: Michelle Rosenoff

**3 NEC Graduate or In-service Credits (45 hrs)**

April 1, 2018 - April 30, 2018

**Online**

This course is designed to help educators identify those students who may be at risk for certain harmful behaviors. Topics include: Why children engage in Sexual Behaviors, What teachers and parents can say to the inquiring child, Detailed explanation of the male and female reproductive anatomy, Prevention of Teen Pregnancy, Learning age appropriate terminology even for the elementary child, Detection and prevention of HIV and AIDS, learning the differences between high, low and virtually no risk behaviors in regards to contracting a sexually transmitted disease. The material covered is suitable for educators of all age levels. Once warning signs are discussed several preventative and intervention strategies will be detailed as well.

## **ED 5990 G858 Helping Children Cope With Trauma, Loss and Death**

Instructor: Michelle Rosenoff

### **3 NEC Graduate or In-service Credits (45 hrs)**

November 15, 2017 - December 15, 2017

**Online**

Traumatic experiences can have a devastating impact on a child, altering their physical, emotional, cognitive and social development. In turn, the impact on the child has profound implications for their family and community. The deterioration of public education, urban violence and the alarming social disintegration seen in some of our communities can be linked to the escalating cycles of abuse and neglect of our children. For most children a traumatic event is a new experience. Like all new experiences, the unknown adds to the confusing and frightening circumstances surrounding the experience. The trauma may significantly challenge the child's sense of the world. A flood, tornado, car accident, shooting, death of a friend, classmate or family member or abuse by a caregiver - all challenge the child's beliefs about the stability and safety of his/her world. Children may not understand what happened and will be confused or even frightened by the reactions of their siblings or caregivers.

The post-traumatic period is characterized by an attempt by the child to reorganize, reevaluate and restore the pre-traumatic world. Many of the emotional, behavioral and cognitive signs and symptoms of the posttraumatic period are due to these efforts. Children often do not have the capacity to understand or explain most traumatic experiences. Children seek answers and comfort from adults around them, yet adults often feel helpless in this role. While adults do not have all the answers, they can help children better understand a traumatic event and the ways we respond following trauma. This course addresses some of the key issues related to the child's complex set of reactions that often follow traumatic events. The more we understand the impact of traumatic experiences, the more compassionate and wise we can be as we try to help these children.

This course is applicable to all teachers in all grade levels.

## **ED 5990 G892 The HIV & AIDS of Today - It's Still Here in our Communities**

Instructor: Michelle Rosenoff

### **3 NEC Graduate or In-service Credits (45 hrs)**

January 6, 20 - 2018

**Hybrid: Hauppauge & Online**

**Or**

May 15, 2018 - June 15, 2018

**Online**

Since 1990 there is approximately 50,000 NEW cases of HIV every year. Why are there so many new cases each year for a completely preventable disease? Teachers at every grade level will be able to apply the knowledge learned here to better execute the New York state mandated lessons for each grade level. When educators have a better understanding of course curricula, they in turn will feel more comfortable teaching the content which not only helps the teacher but the students will prosper too. Teachers will be able to identify the fluids that transmit HIV, be able to distinguish between high, low and virtually no risk behaviors, have an understanding of Prep and Pep, Additionally teachers will utilize refusal skills, decision making skills through various role-plays and discussions among colleagues.

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## **Improving Classroom Instruction and Assessment by Implementing Gardner's Theory of Interpersonal Intelligence**

Instructor: Mary Kate Snak

3 In-service Credits (45 hrs)

November 1, 2017 - November 30, 2017

**Online**

**Or**

May 1, 2018 - May 31, 2018

**Online**

Howard Gardner's book, *Frames of Mind: The Theories of Multiple Intelligences (1983)*, was an attempt to look at the concept of intelligence differently. Gardner believed that if teachers embraced the concept of multiple intelligences they would become more equipped to meet the diverse needs of the students in their classroom.

In this course, we will examine what Gardner called interpersonal intelligence, an ability to perceive and understand other individuals. Specifically, we will examine the impact that interpersonal intelligence has on an individual's ability to successfully work in a cooperative group setting.

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## **Incorporating Literature Circles Into Your Classroom**

Instructor: Mary Kate Snak

3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017

**Online**

Or

February 1, 2018 - February 28, 2018

**Online**

“Literature Circles” are students grouped together to discuss a piece of literature in depth. It is a teaching method that allows students to become critical thinkers as they engage in ongoing dialogue about a book. This course will allow you to learn the methods and strategies to incorporate Literature Circles into your classroom.

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## **Integrating Literature and Technology Into Your K-6 Science Curriculum**

Instructor: Danielle Waitz

3 In-service Credits (45 hrs)

November 1, 2017 - November 30, 2017

**Online**

Or

March 1, 2018 - March 31, 2018

**Online**

Does science get put on the back burner? Do you feel like there is not enough time in the day to teach science when they have to learn to read? Do you feel like you can't motivate yourself to teach fun science lessons? This class will help teachers to make science fun and interesting through incorporating literature and technology into your science curriculum.

This course will provide teachers with resources as well as act as a guide to access resources that will enable teachers to integrate literature and technology into their existing science curriculum.

*Refer a Friend to their first class at  
My Teaching Success  
and Receive a \$25 Discount*



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## **Integrating Technology into the Math Class**

Instructor: Debbie Abrams

3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017

**Online**

Or

February 1, 2018 - February 28, 2018

**Online**

Want to add some zip in to your classroom lessons? This class is designed to put Internet resources at your fingertips. You will be able to locate and add websites, videos and interactive games to any curriculum area. This class is divided into tasks and projects. All activities can be implemented immediately into your lessons!

During these next few weeks, we will have the opportunity to get to know each other and have some fun with elementary education! Although my classes generally revolve around mathematics, feel free to use any curriculum area for this class. \*Some activities require PowerPoint.

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## **Interactive Education Tools Across the Curriculum**

Instructor: Jen Cartica

3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017

**Online**

Or

February 1, 2018 - February 28, 2018

**Online**

Interactive education tools can provide a dynamic learning experience that enhances student learning. This course is designed to provide participants with the opportunity to navigate and evaluate a variety of interactive sites across the curriculum. The implementation of these sites, as well as other sites discussed in the forum, can then increase student interest, motivation, and connections with the subjects. Participants will navigate and evaluate educational websites, and reflect upon their effectiveness and ability to enhance student learning in the classroom.

The course is appropriate for all grade levels, K-12, and all subjects including Math, Science, Technology, Social Studies and English Language Arts.

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## Internet Safety

Instructor: Julia Hannibal 3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017 **Online**

Or

April 1, 2018 - April 30, 2018 **Online**

We will begin by reviewing how educators can effectively educate students on becoming responsible digital citizens. The overarching question is: do students know what they are doing and the effects social media can have on their lives? As educators, what is our responsibility to teach them? It is for each of us to decide how much we want to inform students, families and co-workers and what that means.

One way to begin, is to support the community: make sure the school staff, administrators, educators, and community members are on the same page. Provide lesson plans, plan community nights for feedback, and faculty professional development seminars.

There are programs in place that can be introduced to administrators and faculty to streamline this process. In addition, there are many resources available that can be adapted to student's grade level and educators teaching style. This course is for teachers of all grade levels.

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## Issues in Nutrition

Instructor: Maryanne McAuley 3 In-service Credits (45 hrs)

October 15, 2017 - November 15, 2017 **Online**

Or

May 1, 2018 - May 31, 2018 **Online**

Nutrition is a key component in all of our lives! Participants will research nutrition topics relevant to their own classroom, counselee, student or team athlete population. Topics include (but are not limited to) the 2011 Choose MyPlate web site, eating disorders, ethnic food pyramids, "fad" diets, sports nutrition and vegetarian nutrition.

Teachers, counselors, therapists or coaches will research and develop six (6) lesson plans, discussion outlines, or group discussion as appropriate to their responsibility to teach specific issues in nutrition to their own student population. Participants need access to a computer, the Internet and email.

## Loving Literature

Instructor: Danielle Waitz

3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

With so much emphasis on the NYS exams, it's hard for students to look at literature as something enjoyable. This course will emphasize the importance of differentiating instruction, modeling and teaching reading strategies to help students not only become better readers but to enjoy reading. Teachers will create graphic organizers, activities and lessons that they will utilize in their classrooms to enhance their existing literacy program.

## Making Math Meaningful

Instructor: Danielle Waitz

3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018

**Online**

Or

May 1, 2018 - May 31, 2018

**Online**

Do you feel like your math lessons are mundane? Do you feel like you can't motivate yourself to teach meaningful yet fun math lessons? By incorporating accessible resources, this class will help teachers to make math more meaningful while keeping students interested. Participants will explore articles, multimedia and Internet resources. This course will act as a guide to accessing resources that will enable teachers to make math more meaningful for their students.

*Register by phone, mail or on our web  
site at [www.myteachingsuccess.org](http://www.myteachingsuccess.org)*

## Math Around the World

Instructor: Debbie Abrams

3 In-service Credits (45 hrs)

December 15, 2017 - January 15, 2018

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

Integration of curriculum is everywhere. There just isn't enough time in the day to do it all. During this online course, you will investigate a variety of countries and cultures to see how math activities, ideas, and games fit into your Social Studies and Language Arts Curriculum. Activities like Mancala, Tower of Hanoi, and others will be researched. Literature will be incorporated throughout the tasks. Get your passport ready for an around the world adventure!

## Multiplication Mania: Getting Your Elementary Students to Memorize their Multiplication Facts

Instructor: Mary Kate Snak

3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

We all know that it is imperative that our students memorize their multiplication facts. This is a problem that most teachers face. We have tried it all, yet our students still struggle. This course is designed to create different and exciting ways to greatly improve your students' multiplication skills. You will learn multiplication games and other strategies that will put memorization problems in the past.

*Register for online courses after the start date.  
We have open registration for online courses  
up until a week before the end date.*

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## Obstacles to Learning

Instructor: Dr. Orly Cohen

3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017

**Online**

Or

April 1, 2018 - April 30, 2018

**Online**

Educators, social-workers and psychologists are often bewildered by their students resistance and aggressive-controlling behaviors, their inability to attend to tasks and their lack of motivation to learn. This course attempts to provide some answers to why children are resistant, inattentive, disrespectful, or demonstrate other maladapted behaviors.

This course raises awareness to the different parental discipline styles, and to its affects on the child's emotional state, the stressors that children need to deal with and are exposed to, their inability to regulate their emotions, reasons for maladaptive behaviors as possible defenses from the stressors they are exposed to, and tools for the staff working with children with behavior and emotional problems, and staff working with children who are not presenting difficult behaviors but are not performing well.

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## Photography as a Classroom Tool

Instructor: Linda Cassidy

3 In-service Credits (45 hrs)

November 1, 2017 - November 30, 2017

**Online**

Or

February 1, 2018 - February 28, 2018

**Online**

Photography is increasingly becoming an everyday part of our students' communication and is clearly a tool all educators can use in any classroom, at all grade levels, and in any subject-matter. In this course you will develop new photographic skills that will allow you to communicate more effectively with your students through the powerful applications of digital photography. Learn how to take satisfying photos, master basic photo-editing tools, delve into the rich history of photography and explore contemporary venues for sharing your work, such as Instagram, Facebook and Tumblr.

Continued on next page...

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## Photography as a Classroom Tool

continued....

After you've brushed up on your own photographic skills and are confident enough to teach them to your students, you'll focus on designing assignments specific to your subject matter and student base. Request the syllabus for a more complete description. This class is appropriate for all educators at any grade level: P-12, ELA, Social Studies, Math, Science, LOTE, ESL, Special Education, Visual Arts, Music, Theatre Arts, Physical Education, Technology, Guidance Counselors, Social Workers and Psychologists.

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## ED 5990 G762 The Power of Food

Instructor: Michelle Rosenoff

### 3 NEC Graduate or In-service Credits (45 hrs)

January 15, 2018 - February 15, 2018

**Online**

This course is designed to offer educators insight into healthy eating for children at all age levels. Students will examine recent nutritional theory and information as they impact on the health of the individual and the society. Topics will include recommendations for caloric intake as well as examination of different food groups, the new food pyramid and how to shop in a supermarket. Suggestions for healthy snacks in the classroom as well as food ideas for all ages. Discussion will include how food effects performance academically, socially and physically to all age level.

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## Powerful Words and Academic Success

Instructor: Dr. Orly Cohen

3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017

Or

May 1, 2018 - May 31, 2018

**Online****Online**

Research on positive learning climate has indicated that specific strategic elements can improve academic success. These elements include: Relationships (i.e., teacher's individual support, levels of friendship between students). Systems maintenance and change .....

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## **Powerful Words and Academic Success** **continued....**

(i.e., quality of improvement, clarity of instructions, and teacher control).  
Goal-orientation (i.e., task-orientation and competition).

This course will discuss a variety of topics that cater towards creating a Positive Learning Climate (P.L.C.), in addition, it will examine the foundations of PLC as the language we as teachers use in our day-to-day interactions with our students. This language is the driving force underling any academic success.

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## **Resources for the Mathematics Teacher**

Instructor: Debbie Abrams  
3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017

**Online**

Or

May 1, 2018 - May 31, 2018

**Online**

Need a good lesson on problem solving? Want to find a great piece of literature to introduce fractions? Want to learn more about math reform? This online course gives teachers opportunities to investigate many areas of mathematics through the Internet. Some topics that will be covered include different math associations, assessment, problem solving, and measurement. Explore a variety of web sites and incorporate more theory and practical knowledge into your lessons.

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## **Rubrics: A Fair and Clear Assessment Tool**

Instructor: Jodi Failla

3 In-service Credits (45 hrs)

November 1, 2017 - November 31, 2017

**Online**

**Or**

March 1, 2018 - March 31, 2018

**Online**

Welcome to the fascinating world of rubrics. By the end of this course, you will be able to implement rubrics in your classroom. You will be required to create your own rubric and self-assessment sheet to share with the other professionals taking the course. By the end of the course, participants will be able to: Create their own rubric; Create self-assessments; Have an understanding of what a rubric is and how it works; When and how to use a rubric; Explain how these assessment tools are used- in order to better prepare students and parents for their proper reading and use.

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## **Social and Emotional Considerations in the Classroom**

Instructor: Deirdre Cerrito

3 In-service Credits (45 hrs)

November 1, 2017 - November 31, 2017

**Online**

**Or**

February 1, 2018 - February 28, 2018

**Online**

The objective of this class is to have teachers reflect on all those outside influences and problems faced by our students today. It is designed for every classroom teacher. There will be research and analysis of articles, government fact sheets, and research reports dealing with educational philosophy, psychological, social, economic, and intrapersonal skills. Teachers will reflect on issues facing students and how this impacts learning and success in the classroom.

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## **ED 5990 G705 Stopping Chronic Diseases BEFORE They Start**

Instructor: Michelle Rosenoff

3 NEC Graduate and In-service Credits (45 hrs)

November 1, 2017 - November 31, 2017

**Online**

**Or**

June 1, 2018—June 24, 2018

**Online**

This course is designed to offer educators insight into how students, as young as Kindergarten, are making choices that can affect their health and well-being in the future. Lifestyle choices and behaviors play a pivotal role in determining how long you may live. This course will focus on topics such as stress, diabetes, heart disease, cancers, obesity, high blood pressure, poor diet and lack of exercise, lack of sleep, etc.

The class will provide strategies and interventions for even the youngest of children to help ward off these debilitating diseases, including but not limited to stress management techniques, a guide to healthy eating and sleeping and the recommended amount of exercise to ward off disease.

Students will evaluate and consider different eating styles and the effects they have on the body, be able to identify specific warning signs of various lifestyle diseases, demonstrate effective stress management techniques, and effectively demonstrate intervention and prevention techniques for the various lifestyle diseases.



## Story Starters

Instructor: Barri Lynn Baltic 3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017 **Online**

**Or**

March 15, 2018 - April 15, 2018 **Online**

Writing has become an essential part of the elementary school curriculum. This course provides a chance to motivate and encourage all your students with a wealth of meaningful and fun writing opportunities. Participants will be given you an overwhelming amount of story starters for fiction, non fiction and poetry. The tools learned are guaranteed to inspire every student to write and write and write!

## Teaching Choose Myplate

Instructor: Maryanne McAuley 3 In-service Credits (45 hrs)

December 1, 2017 - December 31, 2017 **Online**

**Or**

March 1, 2018 - March 31, 2018 **Online**

On June 2, 2011 First Lady Michelle Obama and Agriculture Secretary Tom Vilsack unveiled the federal government's new food icon, *MyPlate*, to serve as a reminder to help consumers make healthier food choices. *MyPlate* is a new generation icon with the intent to prompt consumers to think about building a healthy plate at meal times and to seek more information to help them do that by going to [www.ChooseMyPlate.gov](http://www.ChooseMyPlate.gov). The *MyPlate* icon emphasizes the fruit, vegetable, grains, protein and dairy food groups.

Participants will research the *Choose the MyPlate* web site that introduces this way of looking at nutrition and delve into the technology available on this web site. You will apply your research in three (3) lesson plans appropriate to teach *Choose MyPlate* to your student population. A variety of research materials may be used, including the vast resources available on the internet.

This course is suitable for any teacher, counselor, coach or staff member who teaches nutrition, healthy lifestyle to our students of any age. Flexibility of research and submissions is available to support those staff members whose student population is diverse, disabled or specialized in some fashion.

## **ED 5990 G771 Teaching Math Problem Solving in Grades 3-8**

Instructor: Debbie Abrams

**3 NEC Graduate and In-service Credits (45 hrs)**

November 1, 2017 - November 31, 2017

**Online**

**Or**

April 1, 2018 - April 30, 2018

**Online**

This course, based on the book *Powerful Problem Solving* by Max Ray, will help classroom teachers in grades 3-8 expand their repertoire of skills used to teach the act of problem solving. Course participants will acquire a variety of activities and a sequence of classroom practices to build toward student independence and success in solving math problems. Participants will learn strategies that can be implemented right away, with any math topic or program, to help their students become more independent and capable problem solvers. Among other things, participants will integrate problem solving into math instruction; practice strategies to engage all students in the problem solving process, utilize techniques, strategies, and activities from the course in their own classrooms or with their own students; identify resources that can be used to gather materials for problem solving; describe the relationship and connections between problem solving and the Standards of Mathematical Practice.

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## **Teaching the Research Paper at All Levels**

Instructor: Deirdre Cerrito

**3 In-service Credits (45 hrs)**

November 1, 2017 - November 30, 2017

**Online**

The Common Core has made students at all levels more responsible for directing their own learning, and knowing how to conduct research responsibly is an essential skill that all learners need. When this class is complete, you will have all the lessons and materials needed to help your students write great research papers. No more non-informative, unfocused or plagiarized papers to grade! This course will provide teachers with the lessons and materials that their particular students need to be able to write research papers properly in support of the NYS curriculum.

## Teaching Positive Self-Talk to Students

Instructor: Dr. Orly Cohen

3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018

**Online**

Or

June 1, 2018—June 24, 2018

**Online**

This course focuses on understanding the understructure of learning. Certain underlying structures may determine how we learn. These are based on:

- A) how our culture perceives the importance of having an education;
- B) the messages (verbal and nonverbal) that we get from our home and our environment about learning and having an education;
- C) learned behaviors that will affect our learning styles; learning styles;
- D) the "Pygmalion effect";
- E) our internal self-talk,
- F) our self-efficacy,
- G) post-traumatic stress disorders;
- H) Anxiety and
- I) the affects of rejection, low-self-esteem, abuse, on our learning ability and upon these teaching a positive self-talk to students.

You can **register for all online courses after the start date.**

The course must be completed by the scheduled end date.

## **ED 5990 G870 Teaching Writing**

Instructor: Nancy Conlon

3 NEC Graduate or In-service Credits (45 hrs)

Dates To Be Announced (M-F) 8:00am - 5:00pm

**Riverhead**

Writing is the most complex task we ask students to do throughout school. This course will present an overview of research and theories that relate to the teaching of writing. This course is designed to provide educators with the information necessary to teach all students, Grades Kadult, a process for organizing and expressing thoughts, feelings, and ideas in written language.

They will learn that handwriting, spelling, knowledge of sentence structure, knowledge of sentence combining and executive functioning skills all play an important role in the ability to write effectively. Educators will understand the benefit of direct teaching of concepts and skills, presented in dependent order and delivered through multisensory strategies, materials and activities. They will learn that a consistent and persistent approach is necessary for some learners. Time will be spent exploring a variety of writing methods and programs available at the various grade levels. They will learn about the assistive technology available to support struggling writers. Educators will view a number of assessments, both formal and informal, authentic and standardized, that can be used to assess writing.

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## **Teaching Writing Responses in the Common Core Era**

Instructor: Jodi Failla

3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018

**Online**

Or

May 1, 2018 - May 31, 2018

**Online**

This course will examine skills such as annotating, close reading, inferencing skills, and using text details to support written answers. Teaching Writing Responses in the Common Core Era will provide professionals with useful resources that can be used in their classrooms to better prepare students for state assessments and everyday reading comprehension tasks.

## Technology in Education

Instructor: Julia Hannibal

3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018

**Online**

Or

May 1, 2018 - May 31, 2018

**Online**

As teachers in the 21st Century, we need to learn 21st Century skills. There are many electronic resources available to teach us these skills. These skills are essential for students to learn in order to become successful technology based citizens. Teachers who have a better grasp on how to implement these skills will be better able to boost their students' creativity, information fluency, and digital citizenship.

Teachers will be able to access new electronic resources; learn strategies to incorporate more electronic resources into the classroom: help students become fluent users of online resources; understand the importance of the Common Core requirements and knowledge of 21st Century Skill base.

## Technology in Physical Education, Health & Athletics

Instructor: Helen Flynn

3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017

**Online**

Or

March 15, 2018 - April 15, 2018

**Online**

Looking for ways to integrate technology into your Physical Education class, Health class or with your sports teams? Ever think of using I-Pods, Smart Boards, PowerPoint presentations, Windows Movie Maker, Newsletters, Blogging, Webcasts, I-Movie, Heart Rate Monitors, Pedometers, Dance Dance Revolution, PDAs, MP3s, Pod casts, Video Cameras, Digital Cameras? There are numerous ways to enrich our Physical Education, Health and Athletic programs. Lets start by using ideas involving Technology!

*Refer a friend and receive a \$25 discount  
towards your next In-Service class.*

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## Using Children’s Literature to Enhance Curriculum

Instructor: Jen Cartica

3 In-service Credits (45 hrs)

November 15, 2017 - December 15, 2017

**Online**

**Or**

March 1, 2018 - March 31, 2018

**Online**

Research supports the use of appropriate literature based activities as an effective teaching tool that can be used across the curriculum. Children’s literature can enhance students learning, increase student motivation and interest by allowing students to deepen their connection and understanding of the topics, and promote meaningful student dialogue. This class will focus on using children’s literature and corresponding tasks to teach content across the elementary curriculum. This class will focus on: Identifying quality children’s literature that can be used in the classroom; Understanding the different types of literacy programs; Accessing and locating information online; Making curriculum connections and expanding knowledge base; Self-reflection on current and past use of children’s literature. The course is appropriate for Elementary teachers, grade levels K – 6.

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## Yoga Applications for Educators

Instructor: Linda Cassidy

3 In-service Credits (45 hrs)

January 3, 2018 - January 31, 2018

**Online**

**Or**

May 1, 2018 - May 31, 2018

**Online**

Yoga, in some form or another, can be applied in every classroom for every age group. This course is designed to introduce participants to underlying theories of the discipline of Yoga, and provide a sampling of different types of yoga techniques and practices. All educators can improve their own well-being as they discover new ways to help their students diffuse stress and work towards greater health. This course will familiarize participants with the basics of yoga so that they may begin to achieve greater physical and psychological health for themselves as they discover methods of bringing some of the powerful insights of yoga into their classrooms. This class is a perfect way to meet training requirements for the ELA Common Core Standards, as it engages participants in evaluative writings in response to primary sources. It also addresses the concerns of Grades 6-12 Literacy in History/Social Studies as well as NYS Learning Standards for ELA, Health, Physical Education, Family and Consumer Sciences, Career Development and Occupational Studies, Science and LOTE.

## **Travel While you Earn Credits**

### **Sri Lanka & Southern India: Historical, Cultural, Religious & Scientific Influences on Current Day Society**

**Travel dates: February 16 – February 25 -2018**

### **Extension Trip: Taj Mahal**

**Travel dates: February 25 – February 28 -2018**

During our travel to Sri Lanka and Southern India, participants will experience, first-hand, life in an Asian culture. As international communities begin to collaboratively address global issues, it behooves us all to have a better understanding of cultures that may seem to be inherently different from our own. In Sri Lanka, students will witness the continuing development of an agricultural society in an environment where fresh water is a limited resource, where wild elephants roam just 20 minutes outside the urban areas, and where religious practices are so revered that even government buildings close during the monthly full moon Buddhist Holy Days. While Southern India faces some of the same scarcity issues as Sri Lanka, its rich history includes Dutch, Portuguese, Jewish and Chinese influences, which are clearly evident in its diverse population today. Through daily interactions, students will witness a variety of cultures peacefully coexisting, cooperating, and supporting their diverse neighbors. This course is suitable for all grade levels and addresses Social Studies, ELA, the Arts, MSTE, and LOTE.

**Visit our web site for pricing and the itinerary.**

**Contact:** Ellen Kingston, [emking2227@aol.com](mailto:emking2227@aol.com),

(631) 288-8414 if you have any questions.

**My Teaching Success**

P.O. Box 6  
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